



## Down Syndrome & Oral Health

### Common oral health conditions among children with Down Syndrome:

- Spacing between teeth
- Missing teeth
- Delayed teething with primary or permanent teeth
- Severe drooling
- Mouth breathing

21 March  
World Down  
Syndrome Day





## Down Syndrome & Oral Health

**Children with Down Syndrome may have the following oral health problems:**

- Gum disease
- Dry mouth and cracked lips
- Tooth decay

**To deal with these issues, the following is advised:**

- Assist the child with tooth brushing and flossing
- Brush your teeth with fluoride toothpaste
- Apply lip moisturizer to prevent cracked lips
- Drink plenty of water
- Reduce intake of sugary food and drink
- Eat vegetables and fruits
- Visit the dentist regularly

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