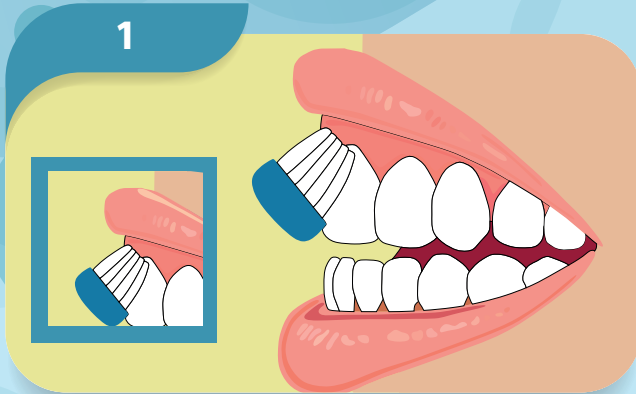
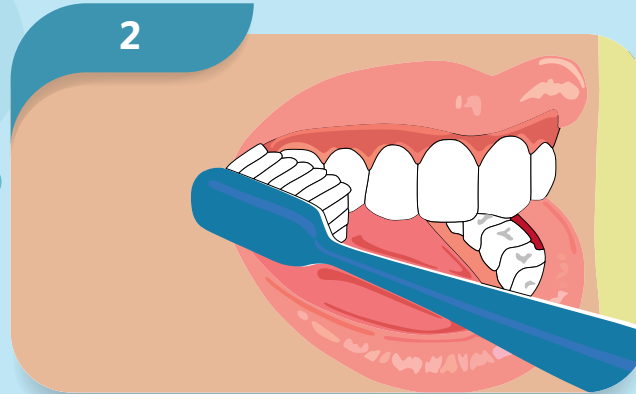


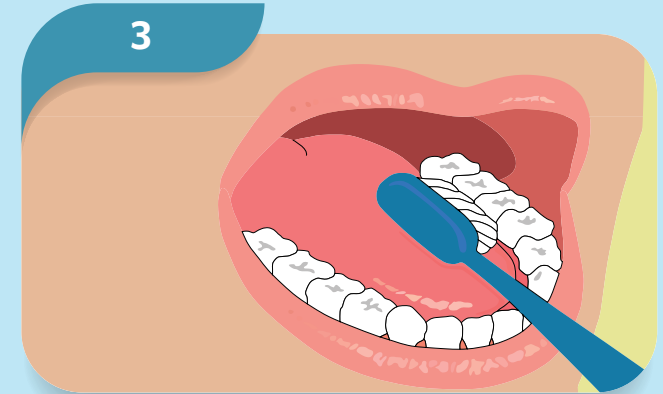
Technique of Brushing



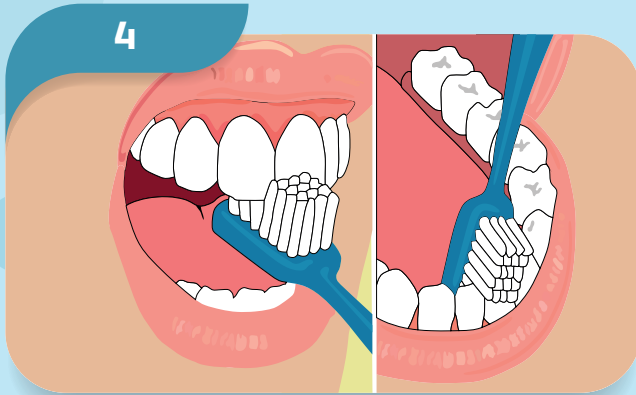
1
Place bristles along the gumline at at 45° angle
The bristles should be in contact both with the tooth surface and the gumline



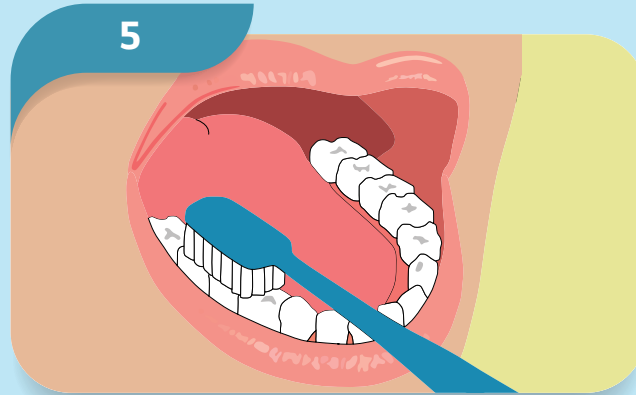
2
Gently brush the outer tooth surfaces of 2-3 teeth using a vibrating back, forth & rolling motion
Move brush to the next group of 2-3 teeth and repeat



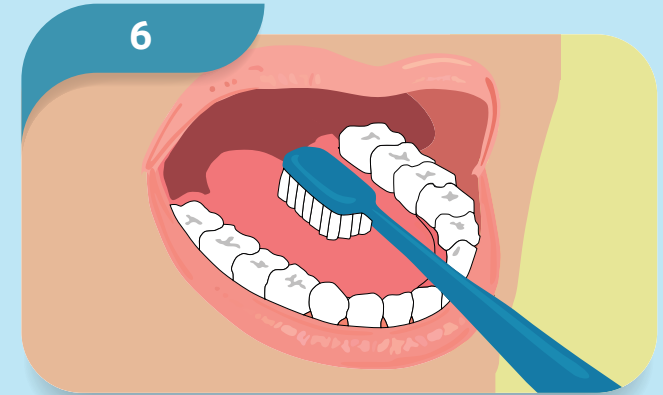
3
Maintain a 45° angle with bristles contacting the tooth surface and gumline. Gently brush using back, forth & rolling motion along all of the inner tooth surfaces



4
Tilt brush vertically behind the front teeth
Make several up & down strokes using the front half of the brush



5
Place the brush against the biting surface of the teeth & use a gentle back & forth scrubbing motion



6
Brush the tongue from back to front to remove bacteria

